THE DIGITAL WORLD

Website for Westshore seniors launched

by TAK SATO

A total of 7,878 and counting... that is the cumulative number of programs, inclusive of some recurring programs of a series, that are scheduled throughout eight senior centers in these communities: Bay Village, Westlake, Avon, Fairview Park, Lakewood, North Olmsted, North Ridgeville and Rocky River.

For free or at a minimal cost, seniors can stay healthy, learn something new, see movies, play card games and more. Not to mention being part of a community, making friends and being engaged.

Utilizing senior center programming is not a “Like” or “Follow” in the digital world; it is tried-and-true relationship curation in the real world. People-to-people connections, can help combat loneliness and help keep seniors emotionally happy... but only if they know about them in the first place.

Community West Foundation based in Westlake understood what the recently formed collaborative of the above eight communities, together with the local nonprofit Center for Aging in the Digital World, was trying to do. They empowered this collaborative, recently branded as “Westshore Seniors” with the catchy “Collab8” tag, by funding the idea that was in gestation since summer 2015.

“As the internet becomes more important in our daily lives, Community West Foundation was pleased to provide the funding for this new program that provides better access to information for our seniors,” said David T. Dombrowski, president and CEO of Community West Foundation.

» See WEBSITE page 2

Book group looks back at 1960s, decade of turmoil and transition

by LYNN TALIAK

Put on your bell bottoms and grab your granny glasses, tie-dyes and beads. Let’s do a little back-to-the-future time travel to the seminal decade of the 1960s.

Utilizing a compilation of articles originally published in The New Yorker, our discussion group will re-examine the confrontations over civil rights, economics, Vietnam, and lifestyles. We will review the tragedies of the all-too-common assassinations and the problems and promises of psychedelics and protests. We will re-experience the highs of Telstar and Apollo 11 and the lows of poverty in “The Other America” and the environmental damages echoed in “The Silent Spring.” The entertainments and cultural icons of the era will be looked at as well.

The discussion group is presented by Case Western Reserve’s Association of Continuing Education (ACE). Classes will be held Mondays, Jan. 15 to March 5, 10:30 a.m.-noon, at Bay United Methodist Church. Cost is $82 for ACE members; $97 for non-members. Register by emailing lifelonglearning@case.edu or call Lorraine Nelson, 216-368-5145.

You may also contact the class coordinators for info: Mary-anne Wagner at 440-808-0076 or Lynn Taliaik at 440-826-0658. Our leader/teacher is Jim Lane who has 35 years of teaching history at Clague and has 35 years of teaching history at Clague Playhouse.

Goddess’ begins second half of Clague’s 90th season

by DOTTIE PALAZZO

“Godspell,” conceived and originally directed by John-Michael Tebelak, is one of the biggest off-Broadway and Broadway successes of all time. Based on the Gospel according to St. Matthew, and featuring a sparkling score by Stephen Schwartz, “Godspell” boasts a string of well-loved songs, led by the international hit, “Day By Day.”

As the cast performs “Prepare Ye The Way Of The Lord,” “Learn Your Lessons Well,” “All For The Best,” “All Good Gifts,” “Turn Back, O Man” and “By My Side,” the parables of Jesus comehumanly and hearteningly to life. Drawing from various theatrical traditions, such as clowning, pantomime, charades, acrobatics and vaudeville, “Godspell” is a groundbreaking and unique theatrical experience, with a message of kindness, tolerance and love. Featured in Clague Playhouse’s production are Rick Dawson as Jesus, Isaiah Blue as John the Baptist/Judas with Michelle Chi, Kiara Darbin, Noah Furin, Kara Mincik, Amber Revelt, Nick Salazar and Michael Stolar.

“Godspell” started in 1970 as a college project of John-Michael Tebelak, a student of Carnegie Mellon University. Tebelak was born in Berea, Ohio, and he was 22 years old when “Godspell” hit New York. He was no stranger to theater. He is quoted as saying he “walked into a theater at the age of 9 and stayed there.”

» See GODSPELL page 2
WEBSITE
from front page
Westshore Seniors launched the website – westshoreseniors.org – to offer a new tool anchored in the digital world so seniors, their families and eldercare professionals can find out about the real-world programs and social services offered at the eight senior centers. Short- and long-term strategic plans are in works to ultimately turn the website into a senior-centric information clearinghouse and a fully collaborative platform.
Let’s make one thing clear though: the website will never replace physical senior centers. Rather, the purpose is to augment the senior center and be there as another senior center for those who do not have one nearby. Thank you to our wonderful seniors who contribute so much to our community in so many ways.”

According to Lydia Gadd, director of Westlake’s community services department, the Westshore Seniors “Trib” collected 4000 pairs of socks and other winter essentials during the last three months of 2017. This only shows that patrons of our senior centers recognize the importance of helping other organizations help our communities at large.

So what are you waiting for! Go kick the tires of our sock drive and other wonderful senior service delivery option.

David also had this to say: “We’re the west side Foundation and are committed to taking care of our senior citizens. We also celebrate the many contributions of our area senior centers, especially their fantastic support in collecting thousands of items for our SocksPlus Drive to help our homeless neighbors. Thank you to our wonderful seniors who contribute so much to our community in so many ways.”

THERE’S NO SUBSTITUTE FOR THE OLD-FASHIONED “ROUNDTABLE” APPROACH TO NEWS COVERAGE: THE PARTY AT THE PAVILION AT CLAGUE’S 90/50 CELEBRATION KNOWS THAT ONE-DAY, ONE-TIME CLEANUPS IN THE CREEKS AROUND OUR SHORES ARE NOT GOING TO BE ENOUGH TO CLEAN UP OUR SHORES.

WEBSITE
from front page
Anybody who heard retired Congresswoman Mary Rose Oskar speak at Clague’s 90/50 Celebration knows that one of those theaters was our own Clague Playhouse. Ms. Oskar directed the first play in our barn theater, "Sunday in New York," in 1967. When she agreed to direct a play in a barn she didn’t expect any farm animals to be there. When she found chickens still roosting in the barn, she called John-Michael who came to roust them out. He also built several parts of the play that he would have been 18 years old. Three- and a half years later he directed "Godspell" when it opened at La MaMa Theater in February 1971. He died in 1985 in New York.

We are pleased to welcome back "Godspell 2012 Revised Version" to our stage during our special 90/50 Season Celebration! The show will run Jan. 12 - Feb. 4. Show tickets are $16 for adults, $15 for seniors (60+), and $10 for students (any age with a valid ID). Tickets can be purchased by visiting or calling the box office at 440-331-0403 Wednesday through Saturday from 1-6 p.m. or online at www.clagueroseplayhouse.org.

Limited Free Thursday Student Tickets (high school and college) are also available by calling the box office at 440-331-0403 during regular hours to reserve a seat. Student ID should be shown at time of ticket pickup. No online reservations can be taken for free Thursday Student Tickets, and these seats are subject to availability and must be picked up by 7:30 p.m. or they will be released.

THE GREEN REPORT
2017: Year in review for Bay Village Green Team
by JENNIFER HARTZELL

The Bay Village Green Team has a successful 2017. Bay Village Bay Days was a much more environmentally friendly event last year, as the Green Team partnered with Bay Village Kiwanis to reduce landfill waste. Over 1,000 pounds of food was composted during the event, and the 20-yard recycling dumpster was filled to the top with recycling. To put this in perspective, five years ago the event would fill two 30-yard landfill dumpsters; this year one large dumpster was used, and it was only 2/3 full.

The Bay Village Green Team also partnered again with Barks to reduce waste for their large benefit, Moundance, held annually in September. Moundance strives to be a zero-waste event, with everything composted or recycled. The Green Team provides volunteers for the event to help eventgoers and guests discard their waste appropriately.

The Green Team also partnered with Bay Village city officials to administer a $5,000 recycling awareness grant from the Cuyahoga County Solid Waste District. The funds were spent on a shredding event at the police station, educational mailers to Bay Village residents, and composting and recycling bins for the Dwyer Senior Center. Last spring, the Bay Village Green Team received a grant from the Bay Village Foundation to purchase an outdoor water bottle refilling station for Cahoon Park. The fountain is three levels, with a water bottle filler, a drinking fountain and a dog fountain, and was installed by the Bay Village Service Department. The goal is to reduce the use of plastic water bottles at Cahoon Park. I urge you to go check it out if you haven’t, it’s pretty cool. The team also purchased a bottle filling station at the city hall.

The Bay Village Community Garden is a project of the Green Team, and it had another successful year. The garden is all-organic and has been a very popular activity for residents to grow their own vegetable and flowers during the spring, summer and fall months.

The Cleveland Indians invited the Green Team to provide recycling volunteers during weekend games for the regular and postseason in 2017. Green Team volunteers had a blast doing this, and it has helped the Indians announce the amount of bottles recycled during games and keep them out of the landfill.

There were two waterway cleanups in the creeks in Bay Village last summer, which were hosted as a collaboration between the Bay Village Green Team, the Bay High School Project Earth Club and the Bay Village Foundation. The Green Team hosted three additional cleanups over the summer. Some of these were successful and well-attended by concerned residents. It is extremely important to clean up our waterways, as Lake Erie is one of the most plastic-polluted Great Lakes.

The Bay Village Green Team’s goal is to make Bay Village a model sustainable community to ensure it remains a healthy place to live. The next Bay Village Green Team meeting will be Tuesday, Jan. 16, 6:30 p.m. at the Bay Village Library. Please join us!

GODSPELL
from front page
by TARA WENDELL

The deadline is fast approaching to nominate a worthy Bay Village resident or project for the 2018 Citizen of the Year and Project of the Year honors. Nominations will be accepted until Monday, Jan. 22, and selections will be announced by the Bay Village Community Council soon afterward.

Citizen of the year nominees, either individual or couple, must be Bay residents that have provided significant community service without monetary gain. Special projects will be considered based on community impact and the involvement of volunteers and organizations. Nomination forms are available online (links to the forms are posted on wbvobserver.com), at City Hall and at the Bay Village Branch Library.

For more information about the Bay Village Community Council and the awards, please email tara@wbvobserver.com.

LAST CALL FOR ANNUAL BAY VILLAGE AWARDS NOMINATIONS
by TARA WENDELL

The deadline is fast approaching to nominate a worthy Bay Village resident or project for the 2018 Citizen of the Year and Project of the Year honors. Nominations will be accepted until Monday, Jan. 22, and selections will be announced by the Bay Village Community Council soon afterward.

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To support the Observer through advertising, call 440-409-0114 or email adsales@wbvobserver.com
Girl Scout seeks groups to participate in culture fair

**Katie Cirincione**, a Westlake Girl Scout, is coordinat- ing a Culture Fair as a part of her Girl Scout Gold award project. The fair will be held on Sunday, March 18, from 2:00-4:00 p.m. at Westlake Porter Public Library. Groups are needed to represent their culture at the fair. Any groups interested should be able to commit to being there from 1:40-4:00 p.m., and to bring a poster about their culture. Groups are encouraged to bring food from their culture, wear clothing from their culture, or do a traditional dance or performance. Contact Katie at katiecirincione@yahoo.com by Jan. 31 if interested. In your email, include what culture you are interested in representing, how many people will be there, and what your group will be doing to represent your culture.

**Making an extra point after ‘Perfect Season’ parade**

by JEFF BING

C an’t anybody in this town take a joke? Two whole decades of football ineptitude and suddenly people are afraid that building a ‘Perfect Season’ parade (after the Browns bucked the odds and went winless for an entire year) would make the city of Cleve- land look … bad? Seriously now, could a silly parade possibly be any sillier than what the Browns accomplished – or more to the point, not accomplished – in the Jimmy Haslam ownership era?

Actually, I’m reluctant to answer my own question, because every time I think they cannot possibly get any worse (and I’ve thought that many, many times since 1999), the Browns – bless their hearts – go out and show me just how wrong a guy can be. And, he’s been honest here, I never thought I’d look back at a record of 1-15 in 2016 and think of those as the “good old days.” Come to think of it, coach Mike Pettine’s record of 7-9 in 2014 should automatical- ly qualify him for a Vince Lom- bardi award … or something. I’m sure he’s having a good laugh somewhere.

There are many who sug- gest that anyone who partici- pated in this so-called “fan携程 of celebrating the epimote of im- perfection was not a “true” Browns fan. I have to assume those who imply something along those lines must be a true Browns fan, no? Maybe it’s time to decide what constitutes a true Browns fan then. What do true Browns fan do that these (apparently) phony halo- ney fans don’t? Are they the ones who sit at game after game and cheer helplessly from the beginning until the end, knowing full well that oftentimes the Browns fielded talent that would be hard pressed to beat the Cleveland State football team (if Cleveland State even had a football team).

Is the true Browns fan the one who year after year renewed his season tickets, getting the same results, and scoffing at the fact that their actions fit the classic definition of insanity? Oh, heck yeah, I wanna be like them. Where do I sign up?

The funniest thing about the whole parade thing is that the grand marshal was WMMS radio shock-jock Rover. Now, I don’t listen to the guy – never have. But I do know that he has never been confused with the great philosophers of the world. He agreed to be there for one reason: his own publicity. But, if his presence brought any more attention to the joke that the Browns organization has become, then I’m all for it. I believe that if Haslam had done the logical thing and fired Hue Jackson – owner of the all-time worst two-year coaching record in NFL his- tory – the parade thing might have dried up on its own. But Jimmy felt “continuity” was more important to the organi- zation, so Hue will get a chance to add to his already mighty record. Well done, Jimmy. And I sincerely hope you enjoyed the parade; you truly earned it.

Cleveland Browns mascot “Chomps” during the Browns’ winless season.

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Classes begin Jan. 16, 29 and March 19

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Bay Village and Westlake elected officials begin new terms

Bay Village and Westlake kicked off the new year with official inaugurations on Jan. 1 and Jan. 2, respectively. Westlake City Council returns unchanged from the previous term, with the mayor and all council members either running unopposed or beating their challengers in last November’s election. The only new face in Council chambers is Michael Maloney, who was elected to succeed John Wheeler as law director.

Bay Village City Council welcomes three new faces: Lydia DeGeorge, Sara Byrnes Maier and Peter Winzig. Maier and Winzig won elections to replace retiring ward council members; DeGeorge was chosen by voters to fill the seat vacated by Karen Lieske, who lost the mayor’s race against Paul Koomar.

Bay Village Council Committee Assignments
* denotes chairperson

- Environment/Safety/Community Services: Marty Mace*, Lydia DeGeorge, David Tadych
- Finance and Claims: David Tadych*, Peter Winzig, Marty Mace, Dwight Clark
- Planning, Zoning, Public Buildings and Grounds: Sara Byrnes Maier*, Peter Winzig, Nancy Stainbrook
- Public Improvements, Streets/Sewers/Drainage: Nancy Stainbrook*, Lydia DeGeorge, Sara Byrnes Maier
- Recreation and Park Improvements: Peter Winzig*, Marty Mace, Nancy Stainbrook
- Services, Utilities and Equipment: Lydia DeGeorge*, Sara Byrnes Maier, David Tadych

Westlake officials inaugurated on Jan. 2, from left: Mark Getsay, Ward 6; Ken Brady, Ward 5; Michael O’Donnell, Ward 4; Mayor Dennis Clough; Michael Maloney, Law Director; Michael Killeen, Council President; Dennis Sullivan, Ward 3; Nick Nunnari, Ward 2; Lynda Appel, Ward 1; Denise Rosenbaum, Clerk of Council.

See more photos at facebook.com/wbvobserver.

Westlake Council Committee Assignments
* denotes chairperson

- Finance & Wages: Michael Killeen*, Ken Brady, Mark Getsay
- Planning, Zoning, Legislative: Mark Getsay*, Dennis Sullivan, Lynda Appel

Rose Senior Living-Avon invites you to our Panel Presentation Tips for Planning Ahead

Tuesday, January 16 | 11:30 a.m. – 1:00 p.m.

Lunch will be served!

Rose Senior Living-Avon invites you to enjoy lunch and to hear a panel of experts discuss:
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- Essential Tips on Funeral Planning
- Palliative Care/Hospice
- Home Health Skilled Nursing
- Private Duty Home Care

Rose Senior Living – Avon
33200 Health Campus Boulevard
Avon, OH 44011

Please RSVP by January 14 to Carol at 440-937-0757
or carolmorris@rosseniorliving.com

More stories, photos and events online at www.wbvobserver.com
Betsey Osborn Williams’ farm on Lake Road in Dover Township

by KAY LAUGHLIN

Reuben Osborn accompanied his sister-in-law, Rebecca Johnson Porter, and brothers-in-law, Asaheb Porter and Lerevet Johnson, to Dover Township, arriving in the afternoon of Oct. 10, 1810. Reuben and Sarah Johnson Osborn purchased Lot 93 from Philo Taylor, the land agent for the Connecticut Land Company, for one dollar an acre. His farm extended from the west of the Sadler property, east to the Porter property, north by the lake shore, and south to what is now the Wolf Road area. (Where the high school is today.) Reuben and Sarah had one son, Seldon. Seldon, an herb doctor, married Nancy Ruple of Euclid. Sarah had one son, David, andBetsey - each a parcel of his property to farm. The grandchildren raised berries, fruits and grapes and in a small way raised oats, corn and wheat to supply their own needs. They also fished.

Betsey married Barney Williams on July 22, 1873. She was 13 years older than Barney. Betsey’s portion of Reuben’s acreage was next to the Sadler lands and fronted on Lake Road. Barney and Barney built a farm house at 29357 Lake Road, close to the roadway and in front of their well. (Example today is the Sadler property.)

Barney was a farmer. He planted acres of the farm with hay and potatoes on this land and other acreage purchased in the township. He kept livestock, horses and chickens. His property was valued at $3,500 in 1880. The village schoolhouse was on the north side of their property on Lake Road. Barney died at age 43 in 1895. Betsey continued at the farm. Across the street from the farmhouse, on the north side of Lake Road, Betsey built three two-story summer cottages which she rented to tourists vacationing at the lake. Henry Sehner, minister of the Lake Shore Methodist Episcopal Church, boarded with Betsey and her nieces. Mae Mastin, came to live with her. Mae was very helpful in Betsey’s later years when she succumbed to dementia. Betsey died at age 72 in 1912. When she passed, the property went to Mae. Mae sold the property in 1914 to Sophia Steinbrenner who had summered in the cottages. Sophia and her sisters continued the rental of the cottages as they enjoyed their summers in the farmhouse at the lake. Henry Steinbrenner obtained the property from his grandmother and moved his family to the village in the 1940s. Henry moved the farmhouse behind the well on the property. A large extension was added to the east side of Betsey’s house. The family lived in one of the second lives of the property. Over the years the cottages were sold. Today, one cottage remains, remodeled into a lovely year-round home.

The Steinbrenner family sold the property to the Hawkins family who lives there today. The Osborn, Steinbrenner and Hawnkins families have owned the property since 1810. 

An 1892 map shows the Osborn family properties, including Betsey Osborn Williams’ lot on Lake Road.

THE MEDICAL INSIDER

Treating depression: What to expect

Third in a three-part series on depression

by DIANA PI, M.D.

I consider depression a systemic disease affecting both mind and body. Adequate treatment can lead to better life choices, medication compliance, pain control and sleep; faster recovery from heart attacks, treatment can lead to better life.

But unlike other happy chemicals like marijuana and antidepressants – nonaddictive being the operative word – may take weeks to months to achieve their full effect. I tell my patients if they feel like I’m experimenting on them it is because I am. "Trial and error," I say. "Please, be patient."

My problem, you see, isn’t deciding if, how, which or when treatment would work. My biggest problem is finding a qualified counselor who can see new patients in a timely manner – or figuring out who’ll pay, and for how long. Upon diagnosing severe depression, I call the patient’s insurance professional. A seasoned psychiatrist, he skillfully manages in areas where I fall short, such as addiction, bipolar disorder, uncontrolled anxiety and suicidal ideation; he fine-tunes medications and offers options like electroconvulsive therapy (ECT) when appropriate.

Through counseling, he provides mental tools that help to stop the endless looping of negative thoughts and to proactively handle stressful situations. Looking at the glass half-full instead of half-empty.

Pills and talk can help. I also strongly believe in exercise. "I know it’s hard, if not impossible, to drag yourself to the gym when you don’t even feel like washing your hair. But think of exercise as the all-purpose, mental laxative. A good workout is a better sleeping pill than anything I can offer."

In anticipation of a long, trying day, here’s how running helps me cope.

After a mile, I’m less angry. After two miles, I have not just one, but three or more comeback lines. After three miles, I’m poised to solve the North Korean missile crisis. The goal of treating depression isn’t about chasing some elusive happy feelings. Only puppies and greenhouse plants live in unimpeached, true content. Success is regaining adequate control of one’s life.

AARP Tax-Aide sites offer free tax preparation

by DENNIS DRISCOLL

The AARP Foundation Tax-Aide Program will be getting underway again this year, starting the first week in February and ending on April 17. This IRS-supported free tax service is offered on a non-discriminatory basis without consideration of race, religion, gender, disability or sexual orientation. We give special attention to those with low or moderate income and/or aged 60 and older. Taxpayers do not have to be retired or a member of AARP.

There are Tax-Aide locations throughout western Cuyahoga County; the local sites are: Westlake Center for Community Services, 29844 Center Ridge Road. Open Mondays from noon to 4 p.m. Call 440-899-3544 for an appointment. Bay Village Branch Library, 502 Cahoon Road. Open Fridays from 10 a.m. to 2 p.m. Call 440-871-6382 for an appointment. A photo ID and Social Security card are required at the time of visit. It’s also advisable to bring last year’s tax return if possible.

Join in at www.wbvosobserver.com
by RACHEL POLANIEC

This month’s Magical History Tour is at Cleveland Grays Armory Museum, located approximately 15 miles from the Westlake/Bay Village area in downtown Cleveland. The information in this article was sourced from a tour given by Bernie Brownki, as well as the museum’s website and brochure.

On Bolivar Road, the Cleveland Grays Armory stands a silent sentry amid the bright lights and thunderous applause of Cleveland’s Progressive Field and Playhouse Square, an imposing reminder of times gone by. Chartered in 1837, the Cleveland Grays were an independent militia whose members served in volunteer units during the Civil War, Spanish-American War, Mexican Border Campaign, and World War I. Although the early 1900s saw federal legislation moving the country away from state-run militias through the establishment of the National Guard, the Grays declined joining the Guard and became instead a private militia. Since then, members of the Grays have volunteered in World War II, Korea, Vietnam, Iraq, and Afghanistan. Placed on the National Register of Historic Places in 1973, the Grays take pride in their past and present service as America’s oldest independent armory, offering public tours of the Armory on the first Wednesday of each month. For Civil War veterans and their invited guests.

The Club Room on the second floor. It was originally only a meeting room on the second floor. After the Club Room, the tour descends back down the stairs and into the basement where one can see the original foundation and a shooting range that’s been in place for over 25 years. One must be a member of the Grays to use it, and Mr. Brownki mentioned that when in use it can be heard out on the street – an excellent form of security. Mr. Brownki concluded with the Grays’ mission: to preserve the historic Armory Museum, advance the military heritage of Greater Cleveland through public awareness and education, and to support the men and women of our armed forces. And so the tour came to an end, amidst spent shell casings and walls riddled with holes. Although the nature of their work might have changed, the Grays continue to serve their country, both abroad and at home front, in their faithful operation of the Armory Museum.
Rotary donates to Meals on Wheels

by ANDREW MANGELS

At their Dec. 13 meeting, Herb Hoppe of the Westlake Bay Village Rotary presented a check for $2,740 to Wendi Schwartz, executive director of Meals on Wheels. The money will be used to purchase a new commercial freezer for Westlake Meals on Wheels. This will allow for maximum meal preparation capacity of their current facility in Dover Congregational Church.

“Meals on Wheels has been pushing the limits of our facility and wonderful staff and volunteers to increase the number of clients we can prepare meals for over the past year in order to keep up with the growing demand for our service,” Ms. Schwartz noted. “Having the extra freezer storage will alleviate the frozen food storage limitations, allowing us to order food more cost effectively.”

Meals on Wheels relies heavily on the support of the community as they receive no government support. “Providing home-delivered meals at an affordable price is important to us and this is only possible thanks to the generosity of the community. We are committed to meeting the needs of the communities we serve and are extremely appreciative of the ongoing support we have received from the Westlake Bay Village Rotary,” Ms. Schwartz added.

Westlake Meals on Wheels clients enjoy chef-prepared meals

by WENDI SCHWARTZ

A simple request to have a chef come and visit our program and work with our staff at Westlake Meals on Wheels has turned into a gift that keeps on giving! Christopher Hampton, Lakewood Country Club’s general manager, embraced the concept of providing a guest chef and ran with the idea. Not only did Lakewood Country Club provide two guest chefs when chefs Geoffrey Gus and Geoffrey Sowl visited our Meals on Wheels facility and worked with our cooks, they also donated the food and prepared the meals!

On Dec. 20, Lakewood Country Club provided the 67 Meals on Wheels clients with a hot meal consisting of roasted turkey a la king, vegetable medley and cheddar mashed potatoes as well as a cold meal consisting of a trio salad platter of tuna, chicken and egg salad and mixed greens with a side of fresh fruit and finished off with a peppermint trifle. Earlier this fall, chefs Gus and Sowl provided the first feast for the Meals on Wheels clients and Christopher Hampton hopes to be able to provide meals three to four times a year.

The partnership between Lakewood Country Club and Westlake Meals on Wheels has exceeded our expectations. Lakewood Country Club can provide dishes that go beyond the limits of what we can provide as a nonprofit. It is truly a treat for our clients. What a wonderful way to give back to the community!
Upcoming events at Westlake Porter Public Library

by ELAINE WILLIS

Tuesday, Jan. 9 (7 p.m.) TUESDAY EVENING BOOK DISCUSSION – We'll discuss “The Stars Are Fire” by Anita Shreve.

Wednesdays, Jan. 10 and 17 (10:15 & 11 a.m.) LET’S SING AND DANCE! – Sing and move to the music with Miss Nancy! For children ages 2-6 with a caregiver. Please arrive early to receive a ticket.

Wednesdays, Jan. 10 and 17 (4-5:30 p.m.) and Thursdays, Jan. 11 and 18 (6:30-8 p.m.) BOW WOW BOOKS – Stop by with your favorite furry friends for a 10-minute reading time with one of the reading therapy dogs! Registration begins each Wednesday at 3:30 p.m. and Thursday at 6 p.m.

Thursday, Jan. 11 (10-11 a.m.) APPS TO BUILD GOOD HABITS – Use technology to help form new habits and keep your resolutions! We’ll discuss apps for fitness, diet, spending and more. Please register.

Thursday, Jan. 11 (2-3 p.m.) GREAT DECISIONS DISCUSSION PROGRAM ON WORLD AFFAIRS – Discuss critical global issues facing America today. At the beginning of each month, a copy of the article may be picked up at the Ask Us Desk. Please read the article prior to the meeting. Please register.

Thursday, Jan. 11 and 18 (4-5:15 p.m.) CODE CLUB! – Learn how to build an app, design a video game, and change the world through code! Grades 3-4. Registration begins one week before each session.

Thursday, Jan. 11 (5:30-8:30 p.m.) HEROIN, FENTANYL, CARFENTANIL: smart, laugh, personality or person. You are still you. That many secretly try to ignore. minds and yet a truth that that many people dread in their

Friday, Jan. 12 (Ages 4-6, 3-3:45 p.m.) TOUCHING UP DIGITAL PHOTOS – Learn how to improve your business, personal or family photos. Practice files will be provided, but participants must have a digital camera capable of downloading images. Participants will also learn about different types of software to help form new habits and keep your resolutions! We’ll discuss apps for fitness, diet, spending and more. Please register.

Friday, Jan. 12 (Ages 4-6, 3-3:45 p.m.; Grades K-2, 4-4:45 p.m.) FUN SCIENCE FRIDAY – Join Mrs. K as we explore our world! We’ll learn about ani- mals that perform with touch-up. Please register.

Saturday, Jan. 13 (10 a.m.-3 p.m.) HAPPY BIRTHDAY, RUBBER DUCKIE! – Splish, Splash! It’s a birthday bash! Come help us celebrate Rubber Duckie’s birth- day with loads of crafts and lots of quck- ing! Free rubber duckies! (While sup- plies last.)

Saturday, Jan. 13 (10:30-11:30 a.m.) POKEMON FUN! – A fun morning of Pokemon-themed play, prizes, crafts and games.

Saturday, Jan. 13 (1 and 2:30 p.m.) ELEMENTARY EXPERIENCES – For children ages 7-12 years and their families who are struggling in an area of development. Participants will practice making changes by building with Legos. By donation. Please register.

Saturday, Jan. 13 and 20 (1-2 p.m.) TA CHI FOR HEALTH – Discover the healing effects of this movement therapy. Wear comfortable clothing. Please register.

Saturday, Jan. 13, 17, 23 and 30 (4-5 p.m.) TWEEN CODE CLUB – Learn how to build a website! Use your imagination and create something unique! Grades 5-8. Registration begins one week before each session.

Sunday, Jan. 14 (1-3 p.m.) SING A LONG – Join us in singing along to some of our favorite children’s songs! All ages welcome.

Sunday, Jan. 14 (5-6 p.m.) ART SMARTS – Explore works of a well-known artist and then use what you’ve seen to create an art piece of your own! Grades 3-6. Please register.

Monday, Jan. 15 (3-3:15 p.m.) BUSY TOWN BUILDING DAY – Come build Richard Scarry’s Busy Town using a vari- ety of materials. All ages.

Monday, Jan. 15 (6:30-7:15 p.m.) ADAPTED STORYTIME – Children with varying learning styles and abilities learn

Tuesday, Jan. 16 (1-3 p.m.) POWER UP YOUR JOB SEARCH – In transition? Refresh what you have been doing or start a plan that uses up-to-date meth- ods. Employers are looking for someone who is not the same game they used to. Glassdoor, LinkedIn and Applicant Tracking Sys- tems will be discussed.

Tuesday, Jan. 16 (7-7:30 p.m.) BEDTIME STORIES – Put on your pajamas and join Mrs. K. as we unwind at the end of the day with quiet stories, songs, fingerplays and other activities. Ages 4-6. Siblings welcome.

Wednesday, Jan. 17 (6:30-8:45 p.m.) CUYAHOGA WEST GENEALOGICAL SOCIETY – Lyns Stanton, president of Westlake Historical Society will present “How to Date Your Old Photos Without Breaking Up With Them!”

Thursday, Jan. 18 (10-11:30 a.m.) TOUCHING UP DIGITAL PHOTOS – Learn beginner/intermediate-level tech- niques for altering and repairing digital photos, including brightness, adjusting color levels and removing blemishes. Practice files will be provided, but participants are welcome to bring a flash drive with their own photos. Please register.

Thursday, Jan. 18 (10-11:30 a.m.) SMALL BUSINESS LUNCH & LEARN: SEO – Learn how to improve your busi- ness’s online presence across all digi- tal platforms. We will explore the main off-site factors in local search results, including listings consistency and review generation. Please register.

Thursday, Jan. 18 (Preschool session: 6:30 p.m.) and Friday, Jan. 19 (Preschool session: 9:30 a.m. and Toddler session: 11:30 a.m.) TEACH ME TO PLAY – For families and their children (Toddler: ages 18 months-2 years and Preschooler: ages 3-5 years) who are strug- gleing in an area of development. Register at connectforkids.org/register or by phone: 440-250-5563.

Saturday, Jan. 20 (10:30-11:30 a.m.) MOTHER GOOSE ON THE LOOSE! – An interactive storytime featuring simple songs, rhymes, stories and movement. For ages birth-3 years old with a caregiver.

Saturday, Jan. 20 (2-4 p.m.) CARRY OUT – Westlake Youth Servic- es Department to see what our featured craft is this afternoon. We have all the supplies you’ll need to create something fantastic!

Saturday, Jan. 20 (4-5:30 p.m.) STEAMMAKER LAB – This month’s topic: “It’s Electric!” Grades 3-5. Regis- tration begins Jan. 13.

Sunday, Jan. 21 (2-3 p.m.) AMERICAN GIRL DOLL CLUB: KIT KITTREDGE – A New Year, A New Adventure! Experience the Great Depression, believe in you, respect to guide you developing your foundation that will

HEALTH + WELLNESS

No new you in 2018!

by CYNTHIA IDADA

“We are bored? Drop

Everything’s online presence across all digi-

tal platforms to help form new habits and keep your resolutions! We’ll discuss apps for fitness, diet, spending and more. Please register.

You don’t become a new person. You are still you. That many secretly try to ignore. minds and yet a truth that many people dread in their new year. Despite your circum- stances in your life, you can be anything, be yourself.” These words should be the only thing we strive to live by in 2018. Face the facts; you are who you are meant to be. Your laugh, your smile, your person- ality. We all come alive when we don’t let what is going on in us. Work on taking care of your health, doing work that you are passionate about, building a strong relationship and develop- ing your foundation that will give you joy and peace. Do what you can do and I assure you that you will never fail at bringing you

Here are some tips to get started being you:
• Spend time figuring out what makes you unique and truly you. Live life despite your fears. Experience is a great teacher.
• Become a lifelong scholar: develop your interests and skills. Take on more than your job title, relationship status, gender, ethnicity or religion.
• Build your social capital: Get a life coach, mentor or any objective honourable person you respect to guide you through your journey in life.
• Happy New Year to the same great you!”

More stories, photos and events online at www.wbobserver.com
BAYarts teacher Ryan Finley makes it big

by JESSICA STOCKDALE

Lakeview artist Ryan Finley is more than just a casual fan of "Star Wars." The sci-fi series has always captivated him and is a prevalent theme of his pop-culture inspired artwork.

After submitting artwork from "The Last Jedi" to Topps, the trading card company included this accomplished artist in their recent batches of trading cards. The packs contain a collection of art from several artists, and the inclusion is a high achievement.

"Thank you to everyone who has supported my passion in one way or another," the illustrator tweeted this December, alongside hashtags that included #MayTheForceBeWithYou and #DreamsComeTrue.

Finley teaches a wide range of kids classes at BAYarts (on current themes of "Frozen," "Harry Potter" and "Teen Titans Go!") listed on bayarts.net, and sells his art in both local and online shops. You can find more details at ryanpfinley.com. One thing can be sure, he's now added the accolade of "Topps Trading Card Artist" to his resume.

First, we had a book drive for Ms. Fritz’s second-grade class at Bahnam Dual Language Academy in Cleveland. We collected 107 books! We also made each student a bookmark and wrote each student a letter. We hope they like the books!

Second, we made a craft for Westlake Meals on Wheels to deliver with meals. Our craft was paper plate snow globes. We colored 75 snowmen! We also made a bookmark and wrote each student a letter and hoped they like the craft! It felt very special to do giving.

Second-graders provide gifts

by LEAH NAVRATIL

I am a second-grader in Mrs. Mills’ class. I go to Holly Lane Elementary School. This Christmas my classmates and I did a lot of giving.

"My Responsibility to America" was selected by District 7 competition for selection to the state and then national levels. Scholarship awards increase as the competition progresses. Unfortunately, neither essay was selected by District 7 to go on to the state level. Both essays were excellent and worthy of this honor.

Congratulations to Grace and Mariana for their effort and citizenship.

Bay Village VFW recognizes annual essay winners

by FRED GREEN

Bay Village VFW Post 9693 announced the winners of the annual Voice of Democracy and Patriot’s Pen essay scholarship contests.

The Voice of Democracy winner is Grace Beam, a senior at Bay High School. The Patriot’s Pen winner is St. Raphael eighth-grade student Mariana Maddox.

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Bernie’s ready; Browns should bring him in as coach

by GREG SCHWERT

Recently attended a book signing for former Cleveland Browns quarterback Bernie Kosar at the Parma-Snow Library. He discussed his new book, “Learning to Scramble,” which chronicles his rise from Youngstown to prominence as the leader of the University of Miami’s first national championship team, and then to glory in the NFL. The library’s promotion materials stated that ‘the book, which also explores Kosar’s personal battles, is a completely authentic account of a talented man’s ability to not only learn from his mistakes, but to evolve and develop new ways of approaching life.”

This event included a question-and-answer period where I learned that Bernie had been spending the past number of years raising his children on his own as a single parent; which is something that I could totally relate to. He answered a number of questions about his career, concussions, playing surfaces and the Pittsburgh Steelers.

He had just finished talking about getting his kids through school when he was asked why he wasn’t doing any coaching. He referred back to the fact that his kids are grown up and that he now would have the time to fully commit to doing some coaching in the NFL. The audience responded with thunderous applause, while wondering out loud why the Browns hadn’t already called. Are you listening, Jimmy Haslam?

At this time, when the fans have hosted a protest parade regarding the futility of the team’s management, wouldn’t it be a significant positive move to add Bernie Kosar to the coaching staff? I can’t think of a better choice to bring a young quarterback along, whether it would be DeShone Kizer or a quarterback selected with the first pick of the upcoming draft. Are you listening, Jimmy Haslam?

In case you are unfamiliar with Bernie Kosar, Mr. Haslam, here is a synopsis. During his career, Kosar led the Cleveland Browns to not one but three AFC Championship games. Wouldn’t you love something like that? He set a league record by throwing 308 consecutive passes without an interception! Can you even imagine something close to that? He set a record for consecutive playoff games with at least three touchdowns passed during an era when running the football dominated the game. Mr. Haslam, Bernie knows the position!

Bernie went on to play for the Super Bowl champion Dallas Cowboys and Miami Dolphins before retiring in 1996. He’s got a ring, Mr. Haslam, and if you have ever seen him on TV diagnosing a play, he can explain what happened to any simpleton, whether that be you, a rookie quarterback or anyone in between. If you truly want to improve the team and relations with the fans, get Bernie on board to improve all of our weekends!

St. Bernadette School to host annual open house Jan. 28

by KAREN HOWELL

Saint Bernadette School in Westlake will be hosting their annual Open House for new families interested in enrollment (Preschool through Grade Eight) for the 2018-2019 school year on Jan. 28, 11 a.m.-1 p.m. Families will have an opportunity to meet the principal, Mrs. Monica Dietz, and vice principal, Ms. Bart Chatfield, along with faculty and staff. Parents and Student Council will also be on hand to give personal tours of our campus and share the good news of our faith-filled community. There will be an art show; science fair; technology and STEM demonstrations; choir, band and Drama Club performances; visits to the classrooms, extra-curricular presentations, refreshments, plus fun family activities for all ages.

Jan. 28 also marks the kick-off of Catholic Schools Week. Each year, Saint Bernadette School joins close to 6,000 Catholic schools around the country to celebrate Catholic education. The theme for this year’s Catholic Schools Week “is Learn. Serve. Lead. Succeed.” These are the areas Saint Bernadette School focuses on everyday throughout the school year. The week of Jan. 28 through Feb. 3, our students, parents, faculty and staff will participate in activities that focus on this year’s Catholic Schools Week theme. Many exciting events are planned.

Saint Bernadette School is located at 2300 Clague Road in Westlake. For more information, call the school office at 440-734-7717, email khowell@stbern.net or visit www.stbern.net.
A
ction figures! Superhe-
tures, Thor, The Incredible
Hulk, Captain America,
Wonder Woman... from mythol-
gic figures to reality! Many
people are trying to
improve their health but have
a difficult time sustaining the
care necessary to make it
work. The Daniel Plan is
a groundbreaking healthy
style program focused on
five essentials that cover
the mind-body-soul connection:
Faith, Food, Fitness, Focus
and Friends. The five essen-
tials make the difference in
helping people achieve their
wellness goals.

The free, six-week Daniel Plan is open to
the community and being hosted by Westlake
United Methodist Church with the
support of the Cleveland
Clinic’s Center for Func-
tional Medicine. The pro-
gram equips you with prac-
tical tools and resources
to bring health into every area
of your life. Participants
receive a confidential pre
and post biometric assess-
ment completed with Cleve-
land Clinic nurses, a Daniel
Plan workbook along with
a resource folder. The
program will run in February
and March where you meet weekly
with a small group to
learn the principles ... just
40 days to a healthier you!

Rick Warren, pastor of Saddleback
Church in Cali-
ifornia and founder of The
Daniel Plan, worked with
doctors including Dr. Mark Hyman,
director of the Cleveland Clinic
Center for Functional
Medicine, to create this
healthy lifestyle program.
Throughout the first year
of The Daniel Plan, over 15,000
people collectively lost
over 250,000 pounds! Per-
haps more important than
losing weight, people report
sleeping better, having
more energy, less pain and
improved cholesterol levels.

The Daniel Plan is
founded on biblical princi-
plies and involves your
mind, your spirit, your soul
and your body—getting all these
components working together
provides a way to make
the lasting changes we all
desire. The weekly meetings
in a small group format are
key to the transformational
and sustainable plan. So
call up a friend and get reg-
istered to participate.

Registration is going on
now through Jan. 14 and the
program begins on Feb. 7.
For more information and
to sign up go to westlakeumc.
com/news.

Meet Florence Kling Harding at Clague Playhouse

by DOTTIE PALAZZO

Come celebrate Presidents Day with Clague Playhouse on Sunday, Feb. 18,
at 2:00 p.m. We will highlight Florence
Kling Harding, an Ohio native, who became
the first lady of the United States upon the
election of her husband, Warren G. Harding
(who served from 1921 until his death in 1923).

Mrs. Harding was an outspoken advocate
of the rights of women, veterans, animals
and immigrants. She was a strong woman,
advocate for women's rights, and a
reception with light refreshments.

Reserved seat tickets are $15 and can be
purchased in person or by phone (440-331-
0403) at the box office Wednesday through Saturday between 1:00 p.m. and 6:00 p.m.
or online at clagueplayhouse.org.

Proceeds will be used to operate running
the 2017-2018 season.

Meet Florence Kling Harding, first lady of the
United States from 1921 to 1923, will be
portrayed Feb. 18 at Clague Playhouse.
COMMUNITY EVENTS

Post your group’s free community events online at wbvobserver.com

Tuesday, Jan. 9, 7 p.m.

WESTSIDE DEMOCRATS MEETING

Zach Schiller, research director for Policy Matters Ohio, will discuss the federal tax bill and what it means for Ohio. If you wish, bring a snack to share. Beverages provided. Contact Joanne or Vern at 440-893-3430.

205-11 Detroit Rd., Western Reserve High School, 26145 Center Ridge Rd., Westlake

Wednesday, Jan. 10, noon-2 p.m.

COLLEGE CLUB WEST BOARD GAMES AND CARDS

College Club West Meets monthly and presents topics of interest to women. The club is open to women college graduates. A light lunch will be provided. Come and join the fun. Non-game players and guests are welcome.

Rvly River Cyn. Center, 21314 Holland Blvd.

Wednesday, Jan. 10, 6:30-8:30 p.m.

SEARCHING THE INTERNET EFFECTIVELY

Join NEOPC (Northeast Ohio Personal Computers) to hear how to make your Internet searches more effective and efficient. Learn tips and tricks to improve your searches in 2018. If you believe half of what you read on the Internet, you need to attend this meeting. Refreshments and conversation at 6:30 p.m., business meeting and program follow at 7:00 p.m. For more information, go to www.neopc.org.

Westlake Porter Public Library, 27333 Center Ridge Rd.

Sunday, Jan. 14, 7 p.m.

SACRED CONVERSATIONS

Rev. James Moos will be the featured speaker of Dover UUC’s Sacred Conversations this month. Rev. Moos is the Executive Minister of the UUC’s Wider Church Ministries and co-executive of UUC’s Disciples’ Global Ministries. Rev. Moos has recently returned from Cuba and will discuss pertinent mission activities there and in other Caribbean countries. Dover United Church of Christ, 2239 Dover Center Rd., Westlake

Tuesday, Jan. 16, 6:30-8 p.m.

BAY VILLAGE GREEN TEAM MEETING

All are welcome to join a group of volunteers working to make Bay Village a more sustainable community. Bay Village Branch Library, 520 Colbern Rd.

Tuesday, Jan. 16, 6:30 p.m.

SLEEP SOLUTIONS FOR CHILDREN

Learn how medications and underlying health issues such as anxiety, ADHD, and depression can affect a child’s ability to fall or stay asleep. John Hertzer, director of child & adolescent psychiatry at UH Cleveland Medical Center, will discuss what parents and caregivers can do to encourage higher quality sleep. He will also talk about when a family should seek medical intervention for sleep and what type of professional to see. Dr. Hertzer will walk participants through the benefits of undergoing a sleep study.

Westlake Porter Public Library, 27333 Center Ridge Rd. Wednesday, Jan. 17, 6:30-8:30 p.m.

CUYSOHGA WEST CHAPER, OHIO GENEOGiCAL SOCIETY

OSU Cleveland District Trustee Mary Jambu will install chapter officers for the 2018-2019 term. Program will follow with Lysa Storrow, president, of Westlake Historical Society, presenting “How To Date Your Old Photos Without Breaking Up With Them.” Social time will be from 6:30-7:00 p.m. Westlake Porter Public Library, 27333 Center Ridge Rd.

Thursday, Jan. 18, 6-7:30 p.m.

UNDERSTANDING THE LEGAL PAPERWORK FOR ASSISTED LIVING

Jennifer Grove, chief human resources officer and general counsel for Eliza Jennings, will discuss the legal planning process for assisted living. The program will focus on advanced directives, important financial documents, and considerations that may impact insurance and government benefits. This program is free and open to the public. Seating is limited. RSVP to

Kathy at 440-250-2200. Devon Oaks, 2345 Crocker Rd., Westlake

Thursday, Jan. 18, 7-8:30 p.m.

WESTLAKE UNITY TOASTMASTERS

Learn to overcome your fears of speaking, develop better speaking and presentation skills, think quickly and clearly on your feet, build strong leadership and mentoring skills, and open doors in your personal and professional life. Contact: Mary Ann, 216-374-3200.

Unity Spiritual Center, 23853Detroit Rd., Westlake

Friday, Jan. 19, 7-10 p.m.

BINGO, BRATS & BREWS

Brats on the grill, local beers and wine and bingo 21 & over only. Limited, advance tickets, $5. Brats and toppings included. Cash bar.

Fisher, 2875 Lake Rd.

Saturday, Jan. 20, 2-4 p.m.

TEA TIME AND EMILY DICKSON PROGRAM

The Westlake Historical Society is hosting a “Tea” as a fundraiser for the Lily Weston House, an 1844 sandstone house in Westlake. We would like to eventually open this house as a museum. Tea, coffee, finger foods and desserts will be served. Dr. Gary Lee Stover will speak on Emily Dickinson and her life during the Civil War Era. We will also be having a silent auction. Tickets are $20, purchase at westlakehistorichistory.org or call Jan at 440-227-0061.

Westlake Rec Center Community Room, 27335 Hoak Rd.

Monday, Jan. 22, 11:30 a.m.

SMALL BUT MIGHTY

On space or time? Mark Langan of Mulberry Animal Hospital will discuss creating miniature gardens using miniature perennials. Lunch served at 11:30. All interested gardeners are welcome; make reservations on our website, www.bayvillagegardenclub.com, or call Sharon at 440-871-9098. There is a $5 fee for guests.

Bay United Methodist Church, 20901 Lake Rd.

Celebrating MLK Day at Lake Erie Nature & Science Center

by MORGAN PASKERT

The Women’s Board invites you and your family to celebrate Martin Luther King Jr. Day, Jan. 15, at Lake Erie Nature & Science Center. The Center will have a special selection of star shows and animal encounters to engage the whole family. Spend the day meeting the Center’s resident animals at Critter Encounters and traveling to space in their wide variety of planetarium shows. Don’t forget to browse the indoor and outdoor exhibits!

Members of the Women’s Board will be greeting visitors and selling hot chocolate, coffee and cookies. All proceeds will help fund the Center’s education programs, wildlife rehabilitation services and animal care.

MLK Day Schedule:

10:30 a.m. – Critter Encounters

11 a.m. – Full Dome Show; Critter Encounters

11:30 a.m. – Twinkle Tots; Critter Encounters

12 p.m. – Stellar Stars

12:30 p.m. – Critter Encounters

1 p.m. – Family Adventures in Space; Critter Encounters

10:30 a.m. – Sky Tonight, Critter Encounters

2:30 p.m. – Full Dome Show

Programs are $2 to $5 per person. Exhibits are free. Hope to see you there! For questions about programs, please call 440-871-2900.

IT’S MORE THAN AN AD... IT’S CIVIC SUPPORT

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For advertising details contact: denny@wbvobserver.com

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